

Strong

Read Ephesians 6:10

How does this verse, or verses like this, make you feel? Especially in times like these?

What does strong look like to you?

What different types of strength can you list?

Would you rather be physically strong but emotionally weak OR physically weak but emotionally strong?

What about the Spiritual side of life?

Read 2 Chronicles 32:7 - 8.

Thoughts?

So what does Scripture say about STRENGTH and the Lord?

Read Exodus 17:8 - 13

What types of strength are on show here?

Which one(s) are positive and beneficial?

What can we learn from this passage about strength and others?

Everyone knows the story of Samson...do we?

Read Judges 14:5 - 6, 19; 15:14; 16:28

What do you notice?

The Old Testament depicts the Holy Spirit as somewhat transient - it comes and goes. So what is special about what Jesus says here:

Read John 14:16

And what does this verse say:

Read Zechariah 4:6 - 7

Do you feel like you need extra strength at times?

So how do we tap into God's strength?

Or is that the right question....

Maybe we already have the right amount of strength for the situation we are in, maybe we need to ask for something else...

Check out these verses: Ps 27; Ps 40:29-31; Ps 52:7; Ps 68:35; Ps 119:28